

BEREAVEMENT SUPPORT PROGRAM

Bereavement Counselling in WA

THE GRIEF CENTRE OF WA

The Grief Centre of WA offers counselling for any type of grief or loss delivered either in person at their Tuart Hill location, or via video call or phone call. The Grief Centre offers counselling for all forms of grief, but counsellors additionally have experience and training in bereavement counselling specifically. This organisation has counsellors qualified in a variety of fields, enabling them to offer sessions of compassionate listening, sand-play and art therapy, and Cognitive Behavioural Therapy. Counsellors can style sessions for adults, teenagers and children who are grieving, as well as facilitate family and couple sessions.

Phone: 0404 658 052
Website: www.griefcentrewa.org.au

LIFELINE WA

If in person counselling is your preference, Lifeline WA offers in person counselling in Perth, or counselling sessions via phone call and video call with up to 6 sessions free to families and children for loss or grief, regardless of how much time has passed since the loss.

Phone: 08 9261 4444
Email: reception@lifeline.wa.org.au
Website: www.lifelinewa.org.au

THE RED NOSE: GRIEF AND LOSS FOUNDATION

The Red Nose: Grief and Loss Foundation offer a range of services targeted at families of those who have lost an infant or child/children under 12 years. This organisation supports a national 24hr free call support line available for use of parents, family, friends or peers at 1300 308 307. In addition to this support line, Red Nose: Grief and Loss offer a counselling service facilitated over the phone.

Phone: 1300 308 307 (24/7 support line)
Email: support@rednose.org.au
Website: www.rednosegriefandloss.org.au

GRIEFLINE

Griefline offer two toll-free help lines. A national helpline that operates 7 days a week between 6am and midnight AEST can be reached at 1300 845 745. An additional state helpline is available for toll-free calls 7 days a week between 6am and midnight local time at 08 6244 8196. By calling this service, Griefline's trained and experienced volunteers offer confidential phone counselling support for anyone who is experiencing grief, loss, trauma, loneliness or isolation.

Phone: 1300 845 745 (national helpline), 08 6244 8196 (state helpline)
Website: www.griefline.org.au