

BEREAVEMENT SUPPORT PROGRAM

Shared Stories

GRIEFLINE

Griefline monitors online forums in which members can share experiences, advise, hardships and connect with each other and resources. Two of these forums include 'Loss of a Loved One' for discussion from people dealing with the loss of a partner, family member or close friend, and 'Helping Hand' creating a space to share grief and loss recourses including helpful support groups, books, films and television programs.

Website: <https://griefline.org.au>

GRIEF STORIES

Grief Stories is a Canadian organisation that collates and makes accessible griever insights and stories to share with others with the aim to reduce feelings of loneliness. Their website contains videos and blog writings with shared stories of loss and numerous aspects of grief. There are pages of blogs and videos with personal accounts and experiences available for viewing on the website, ranging from a variety of point of views and surrounding many types of losses.

Website: <https://www.griefstories.org/>